

INNER WHEEL DISTRICT 330, MALAYSIA 2024-2025



**HEARTBEAT
OF HUMANITY**
Inner Wheel 2024-25

International President's Theme



DISTRICT 330



International Social Project



VOLUME 2

**STOP
VIOLENCE
AGAINST
WOMEN**



INNER WHEEL DISTRICT 330, MALAYSIA 2024-2025

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District 330 Chairman (2024-2025) Vimalavathi Thayaman Pillai



District Chairman's Message – Orange the World (OTW) Campaign

Dear Inner Wheel Friends,

"Orange the World" is a global campaign organized by UN in 2008 is to raise awareness and end violence against women and girls. It is typically held during the 16 Days of Activism against Gender-Based Violence, running from November 25 (International Day for the Elimination of Violence Against Women) to December 10 (Human Rights Day). The colour orange is chosen to symbolise sunrise and a new beginning whatever the challenges may be, a new dawn, a sunrise always brings hope.

The campaign encourages individuals, organizations, and communities to use the colour orange as a symbol of hope and a brighter future without violence. By "oranging" the world—through events, discussions, and symbolic acts—this initiative aims to spark conversations, advocate for policy changes, and promote a world where women and girls can live free from violence and discrimination.

As we conclude the impactful "Orange the World" campaign, I want to congratulate all the clubs that rose to the occasion, embracing this noble cause that's close to every woman's heart.

This year, we saw an array of inspiring activities across our district. We kick started the campaign with the powerful solidarity walk, where we came together in unity to show our support, to the stunning lighting of the TRX building in orange – each action spoke volumes. The vibrancy of these events shone brightly, reinforcing the message of our commitment to ending violence against women.

In addition to these visual efforts, many of you organized thought-provoking talks and seminars that helped educate and engage our communities. The games conducted, flyers distributed at malls, and partnerships with other NGOs have been invaluable in spreading awareness. Our collaboration with the local State Assemblyman further amplified our message, reaching even more individuals and communities.

These diverse initiatives reflect the strength and determination of Inner Wheel to make a real difference. Every project, whether large or small, has contributed to the larger movement of empowering women and promoting a safer, more equal world for all.

I sincerely thank each club Presidents and members from the bottom of my heart for your dedication, your hard work, and your passion in making this campaign a success especially on a short notice. Together, we are not only spreading awareness but also creating a ripple effect of positive change that will continue to inspire and motivate us in days to come.

Yours in Friendship and Service,
Vimalavathi Thayaman Pillai,
District Chairman
2024 – 2025

National Representative District 330 and 331 (2024-2025) Shanti Menon



16 Days of Activism: “Orange the World” in District 330

The *16 Days of Activism* campaign, running from November 25th to December 10th, is a global movement dedicated to ending gender-based violence and raising awareness about the need for gender equality. The campaign, themed *Orange the World*, highlights the urgency of addressing issues such as domestic violence, sexual harassment, and gender-based discrimination.

In District 330, the campaign began ahead of schedule with a Solidarity Walk at Lake Gardens, Kuala Lumpur. The event saw nearly 100 Inner Wheel members and their families coming together to advocate for the cause. Following the walk, participants enjoyed engaging activities and a delightful spread of refreshments, fostering a sense of community and shared purpose.

On November 25th, NR Shanti Menon brought the campaign to the national stage through an interview on national TV. She spoke about *Orange the World*, the

contributions of Inner Wheel, and the significant lighting of the TRX Tower in orange, symbolizing the movement’s mission.

That evening, members from Inner Wheel clubs gathered at the TRX Mall to witness the illumination of the Exchange 106 Tower in vibrant orange. The spectacular sight marked a powerful and unifying start to the 16-day campaign, reinforcing the commitment of Inner Wheel District 330 to spreading awareness and advocating for a safer, more equitable world for all.

A heartfelt thank you to Board Director Juanita Lee and District Chairman Vimalavathi for their unwavering support and dedication. Your leadership and commitment were instrumental in making this initiative a success. This campaign would not have been possible without your vision, guidance, and tireless efforts.

Shanti Menon
National Representative 24/25
IW Dist 330 & 331
+60123865191

District 330 Editor (2024-2025) Parmeswary (Peace) Sithamparapillai



Blessed new year,

It has been a great pleasure to journey with International Inner Wheel family for the past 6 months serving as the district editor. It is always exciting to meet honorable members of Inner Wheel clubs of District 330, while learning more about the service that has been extended to our community.

This 2nd volume is featuring compilation of remarkable events conducted by the Inner Wheel Clubs in District 330, which echoes the goal for 2024-2025 ***“heartbeat of humanity”*** by IIW President Manta Gupta's.

Our recent highlight was ***“Orange the world”*** campaign. It was launched by the United Nations in 2008 as part of the **UNITE** to End Violence Against women initiative, created by the United Nation Secretary-General Ban Ki-moon. The campaign particularly highlighted during the 16 days of Activism Against Gender - Based Violence, encourages global action and awareness by promoting the colour orange as a symbol of hope for a future free of violence, and it's a call for equality and safety

for all. We had the opportunity

to participate virtually via zoom meeting that was held on 12th November 2024 at 8.00pm. The Inner Wheel District 330 with the advice of NR Shanti Menon and the District Chairman Vimalavathi Thayaman Pillai, who stood in solidarity together with all the EXCO members of Inner Wheel District 330 together with all the club presidents and secretaries to end violence against women and children. This campaign period was from 25th November till 10th December, with the hope that each day of this calendar period will be filled with an item of project undertaken by one of the 20 Inner Wheel clubs in District 330.

I would like to express my sincere appreciation to all members for their tenacious contribution to our community and IIW club CCs for their continuous contribution of articles for our social media and newsletters.

Let's welcome this new year with gratitude and excitement to continue our passionate service.

From
DE S. Parmeswary
Inner Wheel District 330

District 330 International Service Organiser (2024-2025) Merlin Gasper



Dear ladies of Inner Wheel,

A big thank you to each and everyone of you for answering the call to bring OTW to the forefront in such a profound way. Your dedication and creative ways, your efforts and support has not gone unnoticed.

Together, hand in hand, everyone had gone above and beyond to make this Campaign effective & successful.

It was a privilege to watch this movement take flight these past days.

In Service,
Merlin Gasper
DISO

OTW Calendar

ORANGE THE WORLD CALENDAR MAIN FRAME 2024 (DISTRICT 330)	21-Nov Taiping						SUN 24-Nov
	OTW Awareness Campaign 1 For Club members & guests						ORANGE THE WORLD SOLIDARITY WALK Hosted by RWC Selangor, Selangor & RWC Kuala Lumpur (Joint) Taman Tasik Perdana, KL - many Clubs attended to lend their support towards the Cause spearheaded by RWC Selangor, Selangor. RWC KL donated RM500 and sponsored breakfast for all participants.
	MON 25-Nov	TUE 26-Nov	WED 27-Nov	THUR 28-Nov	FRI 29-Nov	SAT 30-Nov	SUN 1st Dec
Name of Club	Taiping	Klang	Kuantan Indira Mahkota	Pearl of the Orient	Pearl of the Orient	Pearl of the Orient	Batlowville
Details of Project	OTW Awareness Campaign 2 Distribution of pamphlets at clinics, physio centre & various locations	Student Survey in a University on Awareness & knowledge of Violence Against Women. Also Putting up Posters & Awareness campaign	OTW Awareness Campaign Briefing of OTW to members, sharing session of abuse cases, insights from a victim willing to share, OTW quiz session among members followed by dinner and distribution of oranges, flyers and badges to others.	OTW Impact Statement poster released on Social Media. To spread the awareness (Pre Presentation on 30.11.2024)	Project: Feeding the Needy under the Lighthouse Project plus Awareness among the ladies Distribution of key contact numbers (such as 999, Crisis Centers etc) and Oranges with Special attention paid to the ladies in the crowd. Was well received & interactive. Tea & Dinner was sponsored and served by Club members.	Fundraising Charity Dinner OTW Photo booth, decors & special Impact Awareness Presentation by all members. 120 attendees were given orange bracelets as a symbol of solidarity.	OTW Walkabout at Chemik Tok Kun Hill Distributing flyers & oranges to spread awareness.
Name of Club	District 330 / National Rep		Selangor, Selangor	Kuantan Indira Mahkota	KORAS, Ipoh	Taiping	
Details of Project	Lighting Up of The Top of Exchange 186, TRX, KUL Many Clubs showed their support by showing up to participate in this iconic moment towards this noble cause.		Zoom talk on Gender Based Violence: End Violence Against women & children Speaker: Ms Sheila Ayyer @ 8.30pm	OTW Awareness Campaign Distribution of flyers, oranges & badges to the community in the vicinity of Shell Julian Bukit Selatip, Kuantan.	Pickle Ball friendly game To raise awareness on Violence Against Women	OTW Awareness campaign 4 Distribution of flyers & sharing with Yoga for Body, Mind & Soul club members.	
Name of Club	National Representative 330/331				Taiping	Batangas	
Details of Project	Bermama World Interview by NR Shanti Menon On Astro 502				OTW Awareness Campaign 3 Distribution of flyers & sharing with Live Dancing Group in New Club Taiping	Started the awareness campaign by releasing orange helium balloons & an on- going spreading of the word via flyer distributions and meeting the public over the next 10 days. Various locations were chosen for maximum impact.	
Name of Club					Selangor, Selangor		
Details of Project					NR Shanti Menon, PMR Permaisuri, Melaka & President Rani visited Clinic Sentosa, Bandar Puteri, Putrajaya to place a bunting to raise awareness in the community. Flyers were also distributed & much gratitude extended towards Dr Dehina Raj for her enthusiastic support towards this cause.		
	MON 2nd Dec	TUE 3rd Dec	WED 4th Dec	THUR 5th Dec	FRI 6th Dec	SAT 7th Dec	SUN 8th Dec
Name of Club	Klang	Alor Star		Kuala Lumpur	Petaling Jaya	KL North & Parklands (JOINT)	Parklands
Details of Project	Topic: Violence Against Women & Children Zoom Talk @ 8.30pm by Datin Dr Sze Kala Pillay and Pundhumbar.	Cheque Presentation to Women's Aid Organization in Petaling Jaya by Secretary Padmini Pillai. Witnessed by DC Vinodhini Thayuman Pillai, NR Shanti Menon & IWBO Juwita Lee		UNVO!!! It's Uncle Roger !!! Awareness campaign at Uncle Roger's Restaurant, 7th Floor, Pavilion KL. Awareness through fun games & free gifts. Attendees then distributed flyers in Pavilion Mall to spread awareness on this important Cause led by RWC Kuala Lumpur.	Work w women / single mothers w domestic abuse challenges to be able to stand on their own feet & be financially independent by creating entrepreneurs. Collaboration with Rotary Club of Damansara & Other NGOs	Topic: Aging with Dignity, Mental illness & abuse among Older adults. Seminar: Health of the Older Person - Organized by MMA Committee for the health of the Older person in collaboration with RWC of KL North & Parklands	Public Awareness campaign at a GP clinic on Domestic Abuse among Women
Name of Club	Ipoh East	Ipoh		Johor Bahru		Klang & Selangor (JOINT)	Aguasas
Details of Project	Awareness campaign at Azim Big Farm. Distributing flyers at the launch of their Change: The World campaign.	Internal Awareness campaign among members & "stamped" palm prints in solidarity of women standing up for women. An insightful & meaningful discussion was held.		Joined the Shrimptist to go to a shelter in JB and attended a Zumba session & a talk "United to End Violence Against Women" by Mrs. Mufesa Lokman, Project Director of Johor Outreach & Community Centre.		A transformative Seminar for University students on cyberbullying & domestic violence. Held at Taylor's University & led by a 4- member expert panel Dr Salma Sivasubramanian, Ms Deborah Priya Herman, Dr. Neerashah Subramaniam & Moderated by Datin Dr Sze Kala Pillay.	Self defence session for members & guests followed by Light Refreshments organized in collaboration with Kelab Sukan Muhiabah Seremban.
				Raised funds to buy T-shirts for the ladies in the shelter in JB.			Topic: Hands that can slice vegetables can also slice violence. Shelter Home for abused women & children, Seremban @ 11am
						Batlowville Penang goes Orange 2024 RWC Batlowville is a strategic Partner in this State wide Awareness Campaign - proudly playing their part for the past few years on this huge platform. Iconic Kemtar turned orange to shine a light on this important Cause.	
Name of Club						Penang	
Details of Project						Donation & Awareness campaign to a Sita Cera Orphanage in Bukit Mertajam. Spreading Love & Joy and positively- especially with children involved. A touch of gentle love & understanding.	
	MON 9th Dec	TUE 10th Dec	11th Dec RWC KLCC				
Name of Club	Ipoh East	Klang	OTW Awareness Campaign				
Details of Project	Together with Thulasi Manigaran, the assemblyman for Bunkong, an awareness campaign was held in the Bunkong community. President Arnespoke about the OTW campaign while YB Thulasi touched on cases, consequences & address issues on violence against women. On the same day, Mrs Masomoney distributed leaflets to Dr Faridaz, a member of the task force of the One Stop Crisis Centre at Ipoh G.H. He was delighted as he has a help line for victims.	Zoom talk in Tamil by Shreeatha Ramachandran & Mr Balasubramaniam. Topic: End Violence against women & children.	For Club members & guests were held after the completion of the D.C's visit. Members were served in orange & a special program was planned for all present.				

IWC Alor Setar

As part of this campaign, IWC AS took deliberate steps to contribute to the cause, focusing on meaningful support for women who have experienced abuse and violence. After thoughtful discussions, IWC AS made the decision to support the Women's Aid Organization (WAO) in Petaling Jaya, a vital refuge for women and girls escaping violence. The WAO provides not just shelter, but also counselling, legal assistance, and rehabilitation for survivors, empowering them to rebuild their lives and reclaim their sense of self-worth.

On December 3, 2024, IWC AS made its contribution to the Women's Aid Organization in a simple ceremony, yet filled with significance and compassion. Led by IWC AS Secretary Padmini, IWC AS presented a symbolic cheque to WAO, with District Chairman Vimala, National Representative Shanti, International Inner Wheel Board Director Juanita, and PNR Parimala in attendance. It was an occasion marked by shared hope and determination to create a safer world for women everywhere.

Inner Wheel ALOR STAR' ORANGE HEARTBEAT OF HUMANITY: A COMMITMENT TO END VIOLENCE AGAINST WOMEN

The fight to end violence against women is one that requires a collective, unwavering commitment from every corner of the globe. The Inner Wheel Club of Alor Setar (IWC AS) stands firmly in solidarity with the global movement to address this pressing issue, echoing the clarion call of the **"Orange the World"** campaign. From November 25 to December 10, 2024, Inner Wheel District 330, along with countless other organisations, raised their voices, hearts, and actions to draw attention to gender-based violence and its devastating impact on women and girls worldwide.



The mock cheque presentation was more than just a financial gesture; it was a powerful affirmation of the Inner Wheel's commitment to advocacy, change, and empowerment. During the event, guests had the privilege of hearing from Nazreen of WAO, who shared the invaluable work WAO does in supporting survivors of violence. Though it was heart-wrenching to learn about the experiences of these women and children, it was equally inspiring to witness the strength of those who have found refuge and healing at WAO.

While IWC AS' contribution to WAO is modest, it symbolizes a far greater commitment: the unwavering heartbeat of humanity that beats for justice, dignity, and equality. At IWC AS, we understand that violence against women is not just a local issue – it is a global epidemic. As such, we are committed to continuing our

efforts, not just during the “Orange the World” campaign, but throughout the year. Our mission is to raise awareness, inspire action, and advocate for change in our communities and beyond.

The “Orange the World” campaign has undoubtedly been a beacon of hope, shedding light on the dark and pervasive issue of violence against women. The vibrant orange color has come to represent a unified call for action, and we have seen an outpouring of support from communities around the world. Yet, as we celebrate the strides made in raising awareness, we must also acknowledge the challenges that remain. The structural barriers, societal norms, and lack of resources that continue to perpetuate violence against women demand sustained action.

The success of the “Orange the World” campaign should not be measured solely by the visibility it has brought to this issue, but by the tangible changes it sparks in society. The battle to end violence against women is far from over, and while awareness is crucial, it is systemic change that will truly make a difference. Governments, organisations, and communities must work together to address the root causes of gender-based violence, including poverty, inequality, and a lack of access to justice.

At IWC AS, we remain resolute in our belief that every action matters. Every voice raised, every initiative taken, and every donation made counts in the fight to end violence against women. As we move forward, let us continue to let our hearts beat with humanity, knowing that when we stand together, we can create a world where women and girls are free from fear and violence.

With the echoing theme of “Every beat counts—every action matters”, together, we can make a lasting difference.

A HEARTBEAT OF HUMANITY: HOW IWC AS MADE EVERY BEAT COUNT



The Inner Wheel Club of Alor Setar (IWC AS) has always believed in the power of collective compassion and purposeful action. Guided by the 2024-2025 International Inner Wheel theme, “*Heartbeat of Humanity – Every Beat Counts, Every Action Matters*,” IWC AS embraced its mission with an open heart and determined spirit. This year, IWC AS’ journey toward making a difference found its pulse in a cause that touched everyone deeply – supporting children battling cancer and their families at the Children’s Home of Hope, managed by the National Cancer Society of Malaysia (NCSM).

It all began with a heartfelt message from David Wu, a friend of the members and a passionate advocate for childhood cancer awareness. David had recently visited the

Home and was profoundly moved by the stories of young fighters like Mathen, a cheerful two-year-old from Kulim, Kedah, battling retinal blastoma in both eyes, and Iman, a resilient nine-year-old from Melaka, enduring 30 cycles of radiotherapy after six rounds of chemotherapy for brain cancer. These children, though too young to grasp the gravity of their illness, fought their battles with courage, supported by the Home’s nurturing care.



David shared his plan to participate in the Stanchart KL Marathon with nine others from Alor Setar, collectively known as the G10, to raise funds for the Home. Inspired by this noble cause, IWC AS members knew they had to act.



On 18 September 2024, IWC AS contributed RM1,330 to the Children's Home of Hope. Though modest in size, this donation carried with it IWC AS' unwavering hope to provide a lifeline for families burdened by the weight of cancer. The Home offers free lodging, nutritious meals, and financial support to caregivers, ensuring that underprivileged families can focus on their child's treatment without the added strain of logistics and costs.

The marathon itself was no small feat. The G10 committed to running the gruelling 42-kilometer course, an endurance test that symbolized the hardships these children face daily. Driven by the

belief that *“every beat counts, every action matters,”* they pledged to cross the finish line no matter the obstacles.

Their efforts paid off. On 6 October 2024, six members of the G10 completed the marathon within the stipulated time, each step a testament to their dedication to the cause. The funds raised through Projek 42 will directly support the Home, ensuring that children, like Mathen and Iman, and countless others, receive the care they need to fight their battles with dignity and hope.

This year, IWC AS has truly lived up to the Inner Wheel theme, proving that even the smallest actions, when driven by empathy, can create ripples of change. Their contribution to Projek 42 has reinforced IWC AS' belief in the power of humanity's collective heartbeat – a rhythm that grows stronger with every act of kindness.

As the year continues, IWC AS remains steadfast in its mission to be the heartbeat of humanity, reminding everyone that when compassion leads the way, every beat indeed counts, and every action truly matters.

Padmini Pillai
Charter President
Inner Wheel Club of Alor Setar

IWC Asparas, Seremban



My name is Amarjit Kaur and I'm the club correspondent for 2024-2025 at the Inner Wheel Club of the Apsaras, Seremban.

As a club correspondent, I assure that programs and objectives are in lined with the Inner Wheel goals and objectives. This includes writing reports supported by photos and videos for the International Inner Wheel media and District 330 in order to ensure that the club's message is sent across to public and other platforms



7th sept 2024 - Installation ceremony of President S.Premala Devi.



7th sept 2024 - 1st meeting with new elected exco of IW Apsaras.



18th oct 2024 - CPR Awareness and Demonstration.



8.12.2024 Orange The World programme at Shelter Home for abused women and children

IWC Bangsar



Iwc Bangsar
CC - Meeta Chahal

I can't remember how many times I have been recycled for this CC post . The duties although the same , have however evolved to suit the changing era of digital technology. I think it's a great way to continue learning new ways of doing the same job . When I was last the CC , there was no FB, instagram or tik tok .

Times have changed and now at the click of a finger keeping in touch with any club in the world is effortless.

Besides the club Agm and usual general meetings my club sponsored Diwali Lunch for a Learning Centre .

Our Orange TheWorld campaign was at Dataran Merdeka- Dressed in orange we released helium balloons up into the air with a ' say no the violence' message .



August – Merdeka high tea



October – Sponsored Diwali lunch
for little Penguins Centre at kajang



At lake gardens for the launch of OTW Campaign



Flyer Distribution at Hartamas Shopping Centre



Flyer distribution at UH



Distribution of flyers at Taman Megah pasar malam.



At Megah Rise Bazaar



OTW Campaign – all dressed in orange and ready to let our helium balloons soar to the skies

A picture speaks a thousand words . Keeping a record of our activities and events is so important and valuable for our clubs . A digital diary that can be accessed anytime .

Have learnt much as I am trying to keep up with the social media wave . Enjoying my journey and looking forward to the rest of my term .

IWC Butterworth



Hi, I am Manjit, Club Correspondent of IWC Butterworth. I have been appointed as CC in July 2024. During the last 6 months IWC Butterworth has successfully carried out a few beautiful and meaningful projects in line with the objective of the Club. A few of the projects carried out are as follows:

1. Support for the sister
Club IWC Alor Setar in the celebration of the Margarete Holding Award
2. Pleats of love- 150 preloved sarees distributed to the single Indian ladies
3. Foster friendship ISO Aasha Nambiar of IWC Butterworth with ISO Renganayagi of IWC Sivakasi District 321 India
4. Distribution of Formula Ensure Gold to the Persatuan Kanak-kanak Yee Ran Jing Sheh
5. Merdeka Day Celebration
6. Club Deepavali Project with the Pusat Jagaan Orang Tua Kurang Upaya Sungai Bakap
7. Participation in Penang Goes Orange campaign



9 members attended the Event in Alor star



Members of IWC Butterworth carpoolled for the event in Alor Star



Members of IWC Butterworth Participated in the programme

திரு முத்தரன்: 012-4023620

Sungai Petani, Kedah
PLEATS OF LOVE
காழக காரிகை

திகதி DATE	நேரம் TIME	அனுப்பும் DROPOFF POINT
20 JULY 2024	3.00-7.30 PM	MUTAIYAS SUNGAI PETANI JALAN KUALA KETIL, 08000 SUNGAI PETANI, KEDAH
17 AUGUST 2024	3.00-7.30 PM	MUTAIYAS SUNGAI PETANI JALAN KUALA KETIL, 08000 SUNGAI PETANI, KEDAH

On the 20 th August 2024, IWC members had a programme, Pleats of love collaborate with Hindu Sangam. 160 preloved sarees were given to single Indian mothers and underprivileged Indian Ladies. Distribution of the sarees was carried out at Mutaiyas Cash n Carry Sungai Petani, Kedah



Exchanged of bannerettes

Foster Friendship

ISO Aasha Nambiar of IWC Butterworth met up with ISO Renganayagi of IWC Sivakasi, District 321, India. Aasha was accompanied by IWC Butterworth's Charter member Syamala Baskaran. The ladies had fellowship over tea at Jaya Restaurant in Seberang Jaya, Penang on Saturday, 27th July at 4pm.

They also exchanged bannerettes and gifts. Renganayagi had come to town with her daughter who was taking part in an International Abacus Competition. Later Aasha took Renganayagi to the iconic ISCKON temple in Seberang Jaya.

A couple of days later it was shared with club members that Renganayagi's daughter had won a silver medal at the competition. An Inner Wheel friendship has once again been cemented and IWC Butterworth is proud of its dedicated ISO Aasha Nambiar



Members of the Persatuan Kebajikan Kanak-kanak Cacat



Distribution of the said milk

Welfare event by IWC Butterworth

Members of IWC Butterworth were alerted by one of their own, lawyer Wong Vi Vian that there were children with special needs in a home who required the formula Ensure Gold. Four of the forty children were completely on liquid diet as they were unable to eat and could only swallow.

The project was initiated at the time of the Lunar New Year of the Dragon with members' generous support. Finally seventy- six tins of the fortified milk were purchased from Healthy Healthy Pharmacy Sdn Bhd for a discounted price to be delivered to Persatuan Kanak-kanak Yee Ran Jing Sheh on Friday, 22nd March 2024 at 12.30pm. The pharmacy also very kindly donated other products suitable for the children.

Six club members led by President Shanthi K Shanmugam visited the home and were warmly welcomed by one of its committee members Ms Leong Hooi Kim and caretaker Ms Mallika Krishna. The home is well maintained and the residents some of whom have developmental disorders appeared to be well taken care of. This project is in line with International Inner Wheel's theme of 'Shine a Light'. IWC Butterworth wanted to highlight some of the recipients of its many projects so they would get further aid from well-wishers and be able to function seamlessly.

#shinealight



Members of IWC who have attended the event



A group photo before heading home

Merdeka Day Celebration

Thirteen members of the Inner Wheel Club of Butterworth and two possible recruits attended the club's first general meeting of the term and celebrated Malaysia's Independence Day on Sunday, 1st September 2024. The meeting which was held at Madam Priya's House of Curries in Perai was chaired by Club President Shanthi Shanmugam who shared with members District 330's updates and also discussed activities concluded and under consideration before she handed over to the Club's ExCo to give their reports. After a series of lengthy discussions, it was time for fellowship over banana-leaf lunch. Then there was a photography session with members each holding the national flag and wearing commemorative badges. There were some attempts to sing patriotic songs but the ladies found it easier to just pose and wave their flags vigorously instead. It was a joyous gathering with much laughter.

#heartbeatofhumanity



Club members and the residents

On Sunday, 6th October 2024, four members of the Inner Wheel Club of Butterworth conducted the Club's Deepavali project when they handed over necessities requested by a home for people with special needs. Word reached the Club about Pusat Jagaan Orang Tua Kurang Upaya, Sungai Bakap's wish-list which included mattresses, pillows, storage drawers, diapers, cleaning implements and such. The twenty five occupants of the home and its three caretakers were full of gratitude for the timely donations which were acquired through the generous contributions from the five year old club's twenty four members. President Shanthi Shanmugam assured continued support for the home in future as well. She had a long discussion with the operator of the home about the background of the residents and some of the challenges the operator faced. President Shanthi was accompanied by Vice President Sharmni Ramiah, District 330's

Deepavali Celebration

Secretary and Club Charter President Lucy Barrock and Charter Member Sornakumari Dhurairaj. Secretary and Club Charter President Lucy Barrock and Charter Member Sornakumari Dhurairaj.



Members of IWC Butterworth took part in an Go Orange penang



Certification Collected for the Orange Event



All the participation taking picture at the end of the event

The Inner Wheel Club of Butterworth took part in the statewide gathering of the strategic partners of the 'Penang Goes Orange' campaign on Saturday, 7th December 2024. Four members of the club namely President Shanthi Shanmugam, Inner Wheel District 330's Secretary Lucy Barrock, Past Club Secretary Dr Lalitha Ramasamy and Committee member Rathiga Kathervallo Pellai were in attendance at the function held at the UiTM Campus in Permatang Pauh, Penang.

The gathering was well attended and organised by the Penang Women's Development Corporation (PWDC) with eminent speakers from the state government and experts from educational institutions, the Police and NGOs such as the Women's Centre for Change taking to the podium. The theme this year was 'Swipe 2 Stop' relating to cyber bullying which many a time ends in violence and even deaths.

IWC Butterworth was given a Certificate of Appreciation as a strategic partner in the initiative and the ladies enjoyed the sumptuous lunch which followed. Several buildings have been lit orange in support of the campaign.

IWC Butterworth has been observing the Orange Month celebrations for five years now and has also enthusiastically embraced International Inner Wheel's 'Orange the World' campaign this term.

#pgo2024

#OTW

#swipe2stop

Thank you

CC Manjit

IWC Butterworth

IWC Ioras Ipoh



When I was first appointed as a Club Correspondence by my club Inner Wheel Club of Ioras Ipoh, I didn't know what to do and the role I was to play. But I was very glad that we would be trained and my first zoom session of training I really learnt something and the guidance that I received through members of my club and Ms Lucy and Ms Jaya was tremendous. I realized that even when I make a mistake when presenting events for newsletters Ms Lucy and Ms Jaya have so much patience in guiding me. I believe being a Club Correspondence plays a vital role in a Club and I am glad that I was chosen again for the 2nd term. Thank you



Diwali fellowship ship between IWC Ipoh, IWC Ipoh East and Ioras



Ann and Hema at AGM as Delegates



District AGM annual dinner Retro Night
Members of Ioras from left
Kiren, Deepah, Ann, Komalam, Mansimran, Hema



IWC Ioras at AGM from
left Mansimran, Ann, Kiren

Inner Wheel Club Ioras, Ipoh
Malvinderjeet Kaur

INNER WHEEL CLUB IPOH



My name is Agnes Sinnappan, and I am the club correspondent for 2024-2025 at the Inner Wheel Club Ipoh. I am an entrepreneur, I have been involved in social work with various NGO's creating programmes for women, child and elderly old age people (awareness on woman abuse, child sexual abuse, early dementia awareness). I am also active in church's women's fellowship. I as a CC will ensure and align with the club goals & activities and deliver message on social media regarding the club programmes.

CLUB ACTIVITIES 2024 :



22nd June 2024 - Changing of the guards. outgoing president Kumari to incoming president Ruth.



28th August 2024 – 2nd monthly meeting for 2024/25 and Club 76th AGM.in



**3rd August
2024 –
Program
Kanak-
Kanak
Istimewa
'Sinaran
Warna**

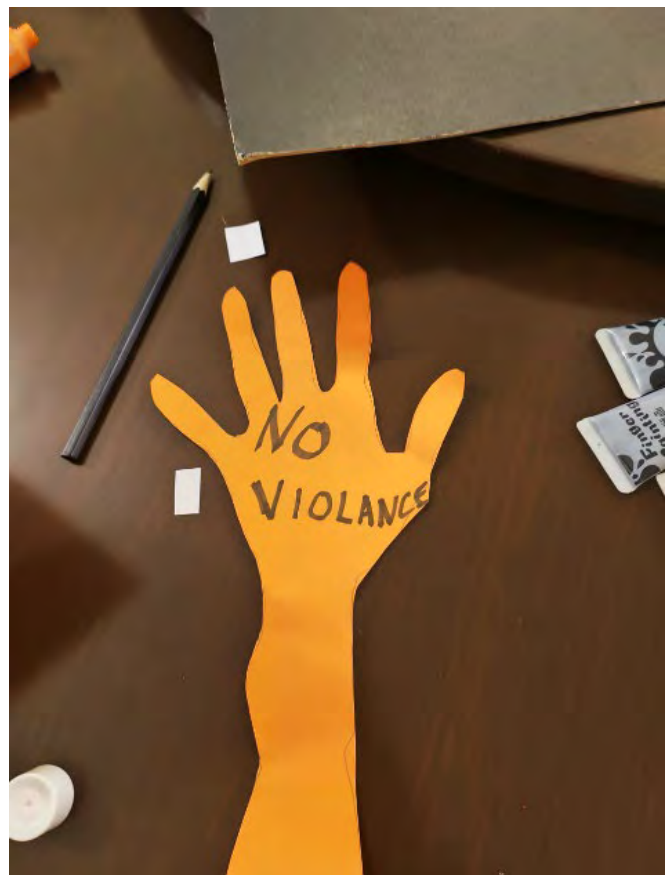
'Warniku' organised by KKM Ayer Tawar for special need children (colouring contest). IWC Ipoh joined hands with KKM Ayer Tawar, invited an optometrist to held an eye screening for the community and for the special need children.



**14th September 2024 – DAGM and Installation
of 47th President of Rotary Club of Kinta.**



10th November 2024 – IWC Ipoh Deepavali Gathering.



3rd December 2024 – Orange the World Campaign



IWC Ipoh East



I am Kaladevi SN Annamalai the current club correspondence for 2 terms, 2023/4 & 2024/5.

I joined IWCIE since 2018 & have remained an active member and sit on current exco board.

On 9th August, 2024 President Anne initiated her first project to visit Pusat Pemulihan Dalam Komuniti Gugusan Manjoi - a centre for special needs children. This day centre caters for about 20 neurodevelopmental disorders children such attention-deficit/hyperactivity disorder (ADHD), autism, learning disabilities, intellectual disability conduct disorders & also Down Syndrome. This centre is financially supported by the government & their team of dedicated volunteers. Members spent time interacting and dancing with children. Teddy bears, goodies boxes and packed lunch were distributed to all the children.





On 18th August 2024 DC Vimala official visits as a DC, by visiting her home Club-IWCIE. She was accompanied by Secretary Lucy Barrock & Dist. Editor Parmeswary from the District 330 Executive Committee. After lunch, DC Vimala, President Anne & IWCIE members visited Rainbow Children's home to donate groceries, toiletries, stationer and teddy bears to the children. The children were excited to receive the gifts.



On 06-12-2024 IWCIE members had great time at Perak Palliative Care Centre by potting plants, dancing together and laughing hysterical and signing with cancer patients and volunteers at the said centre. It was full of fun & laughter to cheer up the patients.



Plant in a pot







Since joining IWCJB in 2019, I've cherished the freedom to write and share about my Club. Over the years, I've developed valuable writing skills and found joy in seeing the Club appreciated through my words. I'm deeply grateful for the experiences, lessons, love, and friendships I've gained along the way. Here's to many more wonderful moments ahead!



New clothes for children at Anbu Illam and Rumah Kebajikan Karunai Illam



Orange The World Campaign - Collaboration with





Helping victims of burnt house with groceries



Sharing empowering stories of surviving cancer and abuse, Collaboration with IWC Singapore West to donate rice



Presenting wheel chair and groceries for Pertubuhan Kebajikan Kanak-kanak Kurang Upaya



A Memorable Journey with IWC Klang

Being the Club Correspondent for the very first time and a new member of the Inner Wheel Club (IWC) of Klang is an experience like no other. While I am fully aware that there is so much to learn and absorb, the journey is made extraordinary by the incredible women I am surrounded by. Led by our dynamic President, Dr. Sree Kala, and supported by a fantastic team of vibrant, capable members, the club radiates positivity, warmth, and a shared sense of purpose.

The Inner Wheel Club of Klang is not just a club; it's a place where I feel I belong. A space full of fun, laughter, and fellowship, where events are planned with elegance and dedication. Each member brings a unique flair, beautifully dressed, exuding charm and sophistication, making every gathering a celebration of womanhood and camaraderie.

This year is particularly special as we celebrate the 25th Anniversary of our club. Founded by the inspiring Datin Seetha, who continues to be an active member and a guiding force, this milestone is a testament to the club's legacy of service and friendship. Her wisdom and experience are invaluable, and her commitment to the club remains unmatched.

Over the years, IWC Klang has been synonymous with acts of kindness and impactful initiatives. We have celebrated festivals like Ponggal, embracing the traditional harvest festival with joy and gratitude. During Christmas, we extended our love to the elderly by visiting homes, sharing gifts, food, and monetary donations to spread cheer and hope. Our outreach also touched the lives of rural schoolchildren, ensuring they felt supported and valued.

In conjunction with Orange the World, the global theme "End Violence Against Women and Girls" was a cause we championed passionately. Violence against women and girls is a pervasive issue that demands immediate action and collective effort. At IWC Klang, we organized several impactful initiatives to create awareness and encourage change.

We hosted talk sessions to educate communities about the alarming realities of gender-based violence, emphasizing the need to challenge cultural stigmas and build supportive ecosystems for survivors. These discussions highlighted the importance of empowering women through education, economic opportunities, and legal protections to break cycles of abuse.

To amplify the message, our members also participated in IWC Kuala Lumpur's Walkathon, demonstrating solidarity and support for the campaign. The walk symbolized our unwavering commitment to raising awareness and advocating for a world where women and girls live free from fear and violence.

The Orange the World theme aligns seamlessly with Inner Wheel's core values of compassion and empowerment. Through our efforts, we hope to inspire a collective movement toward equality and safety for all women and girls, ensuring they can thrive with dignity and respect.

At the heart of IWC Klang are its beautiful, soulful women, ever ready to lend their ears and hands whenever there's a need. Together, we continue to uphold the principles of service, fellowship, and advocacy, creating a ripple effect of positive change in our community and beyond.

Puspavali Mahalinggam
Club correspondent
Inner Wheel Club Of Klang





Celebrating 25 years of friendship and service – the lovely ladies of Inner Wheel Club Klang



Welcoming our dynamic and inspiring leader, President Datin Dr. Sree Kala, at her installation – a truly fabulous beginning to a remarkable term



Empowering voices at Taylor's College: A thought-provoking talk show in conjunction with Orange The World – Ending Violence Against Women and Children



Inner Wheel Club Klang members proudly joined District 330's Walk at KL's Botanic Garden, united in orange for the cause of ending violence against women and children



Hi I am Sharon IWC KL!

I was introduced to IWCKL by my aunt To' Pn Lee Pin and became a member towards later part of 2022. I decided to take position in the Exco after seeing so many dedicated ladies going all out for the club and to make this world a better place through fellowship and mission.

Here's a short summary of IWCKL's achievements for the IIW President's Goals:

1. Membership Growth: IWCKL has successfully increased its membership by 4, bringing the total to 84, including it's honorary member.

2. Permanent Projects:

- Presidential Project: H Water Project Phase 2
- Construction of Freshwater wells for Indigenous families near Pekan, Pahang, Malaysia. From July to November this year, IWCKL has built 22 wells ensuring clean water supply for this marginalised community
- Logo Visibility: IWCKL has actively promoted its brand by projecting the logo at all events and sharing photos on social media.

3. E-Club: IWCKL has established a strong online presence through its Facebook page. Daily OTW messages were posted for 16 days, and photos and write up's for special festive events were shared online.

4. Elderly Care: IWCKL continues its annual tradition of raising funds for retired nuns at the Infant Jesus Centre. The organization also hosts a yearly Christmas lunch and performance by the members to bring joy and cheer to the elderly.

5. IWCKL Day 11 OTW Project: In collaboration with Fuiyoh! It's Uncle Roger Restaurant and Pavilion KL, IWCKL distributed awareness leaflets to the public in Pavillion KL. Over 60 members and guests participated in this event to promote a safe environment for women and girls.



Logo Visibility
IWCKL has actively promoted its brand by projecting the logo at all events and sharing photos on social media in IWCKL 3, IWKL 4, IWCKL 5, IWCKL 6, IWCKL 7



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IWCKL Day 11 OTW Project

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Elderly Care

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IWC Kuala Lumpur City Centre



My name is Anjali Kamotra, I am the club correspondent for the year 2024-2025 at the Innerwheel Club, KLCC. I am from India but Kuala Lumpur has been my home for nearly three decades. Academically, I hold a postgraduate degree in chemistry and a bachelor's degree in education, qualifying me as a trained teacher. My love for teaching led me to work as a science at the Global Indian International School.

Beyond my professional career, I am also a faculty member with the Art of Living Foundation. This is one of the world's largest volunteer based organisations with a presence in over 160 countries in the world. It offers programs to promote health, stress release, and self development through a combination of breathing techniques, yoga, meditation, and practical wisdom.

It has impacted millions of people across the globe through its various initiatives, including humanitarian projects and environmental sustainability efforts, disaster management and peace initiatives under the guidance of its founder Sri Sri Ravi Shankar who is a renowned humanitarian, spiritual leader and peace ambassador.



Trip to Alor Setar on 27th July 2024 : Celebration, Shopping, and Fellowship



Installation for club president Jit Dev on 8th September 2024



Deepavali Charity : Handing over a check of Rm 500 to Dr Wan Iliana to support Cyberjaya Hospital's project Orang Asli in Kampung Sungai Melut.



DC Mrs. Vimala Thayaman's official visit to the club and the anniversary celebration of IWC

club and



KLCC on December 11th at Bukit Jalil Golf Club.



Orange Action Against Violence on Women at Pavillion KL on 5th Dec ,2024



Inner Wheel Club of KL North: A Year of Service and Sisterhood

Dear fellow Inner Wheel members,

This year, the Inner Wheel Club of KL North (IWC KL North) has been a shining example of the power of women united in service. Through a diverse range of projects, we've touched the lives of many in our community, leaving a lasting impact.

Empowering Our Elders

In December, we co-organized a seminar on senior health alongside the Malaysian Medical Association. Renowned speakers addressed critical topics like legal issues faced by aging adults, cardiac care for seniors, and mental health and elder abuse. This event empowered attendees with valuable knowledge and fostered a sense of community and support, reminding us of the importance of caring for our precious elders.

Bringing Joy to PJ Caring Home

Our unwavering commitment to service is exemplified by our visit to the PJ Caring Home. We delivered essential supplies and a brand new banner, bringing a ray of sunshine to the residents' lives. As Audrey Hepburn said, "You can have anything you want in life if you dress for it in passion, work for it with perseverance, and dream for it with confidence." The act of giving, no matter how big or small, can make a world of difference.

Celebrating International Friendship

We were delighted to welcome Madam Meera Dwivedi, Vice President of the Inner Wheel Club of Jharkhand, Hazaribagh 3066. The heartwarming flag exchange ceremony symbolized the enduring spirit of friendship and solidarity that binds our Inner Wheel family across borders. It was a beautiful reminder that even though miles may separate us, our shared values and commitment to service unite us as sisters.

Taking a Stand Against Violence

Standing in solidarity with women around the world, we joined the UNiTE by 2030 campaign to raise awareness about violence against women. The illumination of the Exchange 106 tower in orange served as a powerful symbol of our collective commitment to ending gender-based violence. As Ruth Bader Ginsburg said, "The court works as a team. And no matter how much confidence you have in your own judgment, you need to hear the arguments, the views of others." By working together, we can create a future free from violence.

Spreading the Light of Deepavali

In the spirit of Deepavali, the festival of lights, we carried out the "Pleats of Love" initiative. Donating sarees to the Hindu Sevai Sangam brought warmth and joy to the recipients, reflecting the true essence of Deepavali – hope, prosperity, and togetherness.

Championing Children's Health

Collaborating with the Inner Wheel Club of KLCC, we undertook a project to address critical health needs of the indigenous children in Sungai Melut. This initiative, supported by Yayasan Orang Asli and Hospital Cyberjaya, provided comprehensive health screenings, informative sessions for parents, and essential medical supplies. This project not only addressed immediate health concerns but also empowered the community to make informed decisions about their health and well-being.

As we reflect on this year, we are filled with a deep sense of pride in the impact we have made. The Inner Wheel Club of KL North is more than just a club; it's a family of dedicated women committed to making a positive difference in the world. We look forward to continuing our journey of service and sisterhood in the year to come.

With warm regards,

Komathy Rathnam,

Club Correspondent,

Inner Wheel Club of KL North

Pictures Over the Year



Solidarity walk at Taman Perdana for Orange the World



Flag exchange event at Royal Selangor Club with IWC Jharkand, India



Project at PJ Caring Home



Seminar on health for elderly

IWC Kuantan Indera Mahkota



Correspondent from

IW Kuantan / Indera Mahkota. I joined the Club in 2012. My first position was being the club's ISO. I became the club's President in 2013 till 2016. The 3 years' stint has taught me so much about Inner Wheel especially in managing the Club meetings and protocols, members commitments, fellowships, community projects and getting to know the local authorities for collaboration of club activities and programs. Being in the retail business, it is my passion to share my learning experiences and at the same time try to assist the local community especially needy women and school children in any way I could. The journey is very rewarding, fulfilling and worthy when you see a grin or smile on their faces.

" We Care " Project which we started in 2016 is still ongoing with special focus on inculcating basic safety awareness and personal hygiene to the school children and caring for girls. First Aid kits, refill and sanitary pads were presented to these schools for the use of the school children. The principals and teachers welcomed our efforts in caring for these schools. The 4 schools adopted for this project are SK Bukit Setongkol, SK Cenderawasih , SMK Cenderawasih and SMJK Tanah Putih, Kuantan.



Annual Contribution to Women Inmates in Bentong Prison - In conjunction with the International Women's Day, the IWC Kuantan / Indera Mahkota had a platform to participate in the Sanitary Pads programme for 200 Women Inmates in the Bentong Prison, Pahang. We were earlier being informed that the sanitary pads were cut into two and being used by the inmates. The club and members came in full force to support a minimum of 10 cartons of sanitary pads equivalent to 480 packs annually.



Orange The World Project on 18th November 2024 – It was an inspiring gathering with all club members came in full heartedly to support the Orange The World Project. A briefing and story telling session were shared by President Samini and all the club members in the presence of some guests.

Orange is the colour of sunrise. It symbolises the dawn of a world free from violence against women. Let us all put our best effort together to raise awareness within our local community and play an active role to curb this violence.



Thank you

CC Sherifah Nor Hana Bt Syed Osman
IWC Kuantan Indera Mahkota

IWC Parklands

IWC PARKLANDS

As a Club Correspondent in IWC Parklands for the year 2024, I am excited to reach out with reflections on the fantastic moments we have shared as a community. It is truly inspiring to see how much we have accomplished together. I am thrilled to share some highlights from our various events and projects which was held throughout this year.

Breast Cancer Awareness 2024 at Hospital Tengku Ampuan Rahimah, HTAR Klang

Kelab Inner Wheel Parklands & National Cancer Society Malaysia (NCSM) joined with Surgical and Radiology Department of Hospital Tengku Ampuan Rahimah, (HTAR) Klang to celebrate Breast Cancer Awareness 2024 at HTAR Klang.



Sharing Dialog Session in Conjunction with Orange The World Campaign

Dialog session regarding the violence against children and women with the patients and staffs of Clinic Sapnaa in the presence of Dr Ratha Poologasuntharam, who is the person in charge of the clinic.



Deeparia Celebration & 2nd Installation of New EXCO 2024-2025

Deeparia Celebration and Installation of New EXCO 2024-2025 at Mithra Party Hall, Bandar Parklands, Klang on 4th November 2024. Around 100 peoples had purchased the chairs including IWC KL, IWC KL North, IWC PJ, IWC KLCC, IWC Ipoh East and Kelab Inner Wheel Parklands members together with guests.



In Conjunction with Pink October, free mammogram and consultation at National Cancer Society Malaysia

Free mammogram and consultation @ National Cancer Society Malaysia (NCSM) for the ladies on 23 November 2024. Kelab Inner Wheel Parklands members wore orange coloured dress to support OTW (Orange The World) - end violence against women and children during breast screening project



Medical Screening, Donation of Grocery & Medical Kit and Hygiene Kit

In collaborated with Malaysian Medical Association (MMA) & HOP committee, medical screening for the residences, donated grocery, sponsored lunch, donated medical kit and hygiene kit at Rumah Kebajikan Grace Klang.



Get together to share the communities lead to end AIDS 2030

Kelab Inner Wheel Parklands Charter President Dr Theyveeka Selvy Rajoo with IWC Kuching, Sarawak President Janet Bennet Stanley with her club members met up AIDS coordinator with his team @ Teratak Kasih Tok Nan (TKTN) Kuching, Sarawak. Objective in line with "Let Communities Lead". Followed with fellowship dinner (Sarawak special dishes).



Hari Merdeka Parade at Klang Jaya

Kelab Inner Wheel Parklands President Dr Theyveeka Reddy, Vice President Kasthuri Subaramaniam and Treasurer Puspha participated in the Hari Merdeka Parade @ Klang Jaya together with IPP Malar from IWC Klang.



Friendship Day Celebration

Friendship Day celebration among IWC Parklands members. Charter member Jananii Reddy shared her knowledge on digital attendance sheet.



Meetup session

Kelab Inner Wheel Parklands members met up with ISO Renganayagi from Inner Wheel Club of Sivakasi, Tamilnadu @ Annalashmi Restaurant, Brickfields. Flag Exchange was done by Datin Dr Jayanthi. Assistant Secretary Sarojini gave a gift to ISO Renganayagi as gift of friendship and sisterhood. We all enjoyed our fellowship with delicious vegetarian dinner at the restaurant.



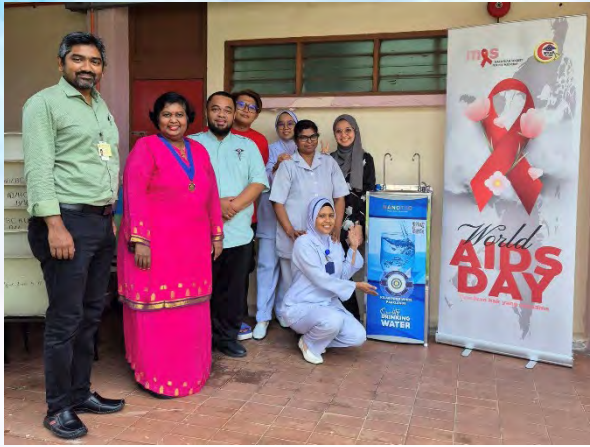
A Fellowship with Mini Tour

Kelab Inner Wheel Parklands Charter President Dr Theyveeka Reddy, Secretary Pathma Ramasamy Committee members Rohinee DrSubra and Sarojini with District Secretary Lucy Barrock and Charter member Sornakumari from IWC Butterworth had a good fellowship @ Butterworth. Followed with delicious lunch @ Pathma's parents' house.



Donated Water Dispenser

Kelab Inner Wheel Parklands has donated water dispenser to Infectious Disease Clinic, Hospital Tengku Ampuan Rahimah Klang (HTAR).



IWC Parklands are excited for what lies ahead and can't wait to share our upcoming activities for the following year. Together, we are creating something truly special, and I'm proud to be a part of it.

Warm regards,
Kasturi Kanniappan
Club Correspondent
IWC Parklands



IWC Pearl Of The Orient Penang



My name is Janet Chong, and I'm the Club Correspondent for 2024-2025 at the Inner Wheel Club Pearl of the Orient Penang. My proficiency lies in creating and managing spreadsheets, presentations, and documents, using apps for artwork design and video editing. I developed a passion for marketing after completing an MBA in business administration. Throughout my career journey, I have been involved with product development and commercialization in various industries. As a club correspondent, I ensure smooth correspondence strategies align with the Inner Wheel's goals and objectives. This includes writing and distributing club activity releases, managing social media accounts, and collaborating with Inner Wheel District 330 to ensure that the club's message is properly delivered to the public and consistent across all platforms.

Club Highlights :

13 JULY 2024

- 1ST MEETING FOR TERM 2024-2025

AGM



INSTALLATION FOR CLUB PRESIDENT
LISA LUDWIG YEAP



CELEBRATED JULY MEMBER'S
BIRTHDAY



10 AUGUST 2024

FIESTA FUN FAIR

— FUND RAISING FOR CARE, ORGANIZED BY PENANG HOSPICE SOCIETY



27 SEPTEMBER 2024

DISTRICT 330 DISTRICT CHAIRMAN
INSTALLATION



28 SEPTEMBER 2024

DISTRICT 330 AGM



29 SEPTEMBER 2024

IPOH TOUR & FELLOWSHIP



23 NOVEMBER 2024
FUNDRAISING EVENT FOR CHILDREN RUMAH CHARIS



25 NOVEMBER 2024 - 10 DEC 2024
SHARING OF ORANGE THE WORLD (OTW) CAMPAIGN

SERVING TEA, ORANGES, CUPCAKES, AND DINNER TO THE LIGHTHOUSE 'A PLACE OF HOPE'



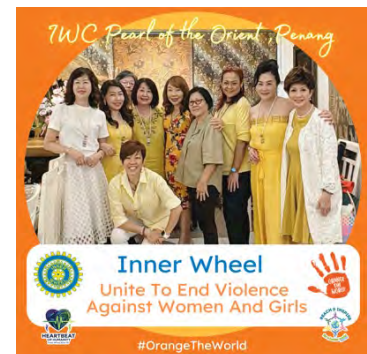
OTW STATEMENTS



OTW PHOTOBOOTH



OTW 16 DAYS CAMPAIGN



30 NOVEMBER 2024

BOLLYWOOD MAGIC-THEMED CHARITY DINNER

IWC PEARL OF THE ORIENT MEMBERS



READING POEM AND LIGHTING THE CANDLE BY BOARD DIRECTOR JUANITA



SPEECHES BY
DC VIMALAVATHI THAYAMAN PILLAI



REPRESENTATIVE SHANTI MENON



CLUB PRESIDENT LISA LUDWIG



14 DECEMBER 2024

CHRISTMAS FELLOWSHIP



GIFT EXCHANGE



HAMPERS PACKING FOR SINGLE MOTHER
WITH KIDS



15 DECEMBER 2024

DISTRIBUTION OF HAMPERS TO PERSATUAN KEBAJIKAN KELUARGA HARAPAN



IWC Penang



My journey in social work started from young as both my parents were very involved with orphanages. I can't come to their level but have been doing a fair share on my own. I retired as a teacher in 2021 during the MCO. A member of IWC saw me helping out at another social service centre and suggested me to join IWC Penang in 2022. I was finally installed in 2023. In 2024 IWC Penang made me their CC. I love to hike and have hiked hills like Mount Kinabalu. I also go for Zumba and yoga. I think in IWC Pg, my journey is just starting. Not a person who likes writing but am more into action. Only time will tell.



The 16th Installation Dinner of IWC Penang was held on 25th Aug 2024 at The Courtyard Penang. Our Guest of Honour DC Vimalavathi Pillai attended the event. She is seen here at the cake-cutting ceremony with other attendees. Members of our sister clubs from Ipoh, KL, BM and Pearl of the Orient participated in the celebration.



DC Vimalavathi Pillai is seen here during the Installation dinner of IWCPg seated with the other VIPs. From left are DS Lucy Barrock, Past President Daljit Kaur Gill, President of IWC Penang, President of Rotary Club of Penang, Mr Carson Toh and partner Ms Catherine Hiew, DC Vimalavathi Pillai, HWBD Junitha Lee and IIWPBD Jessy Wang



Paramjit Kaur Gill, the President of IWC Penang presenting a gift to DC Vimalavathi



DC Vimalavathi enjoying with other IWC members during the IWC Penang Installation dinner



In our bid to create awareness for the 'Orange The World' campaign, the members of IWC Penang gathered to spread Love and Kindness to women and children alike. We joined hands in offering friendship and cheer to the children at Pusat Jagaan SINAR CERIA, Taman Sejahtera, BM. We treated the children at the orphanage to lunch, gifts and donations in kind for the Home.



The IWC Penang members getting
To know the children at Pusat Jagaan Sinar Ceria



The children enjoying the KFC bought
for them



The club President and Secretary presented
each child with a goodie bag and a gift



The IWC Penang bought sundries that
Were requested by the home and handed
it to them

IWC Penang
CC Dhanaletchumy

IWC Petaling jaya



Rajesh Sharma

CC for Petaling Jaya District 330

My name is Rajesh Sharma. I am the Inner wheel CC for years 2024-2025. I am Post Graduate in English literature. I passion is learning and teaching languages. I teach Hindi classes online. I am Director of Sharma Management International. As a Club Correspondent I will collect the information of club's activity and take pictures and put on social media. I make sure to attend all the events and meetings so that I can put our club's activities on social media. These are some pictures of our club activity



President Usha giving goodies bag with stationery to Rumah Charis children.



Distribution of grocery for Rumah Charis Orphanage by club members



May Khoo doing painting activities with kids in Rumah Charis



All the club members and Presidents from other clubs Installation of President Usha.



Club CC distributing stationery bags for Christmas cheers



Club members for Christmas cheers for Rumah Charis Orphanage



Diwali cheers by Club members for Kasih Sayang Welfare home



IWC Selangor



TAYLOR'S UNIVERSITY
WISDOM · INTEGRITY · EXCELLENCE

Seminar

End Violence Against Women and Children

"Join Our Transformative Seminar"

Panel of Speakers

Moderator: Dr. Sree Kalra Nair
Senior Lecturer: Taylor's University, Psychologist, Counsellor, Social Worker

Panel Speaker: Dr. Bahma Sivasubramaniam
Lawyer, Trainer, Lecturer: Multimedia University, Expert in Cyberbullying Law, Assistant Secretary for MACPP

Panel Speaker: Ms. Deborah Priya Herman
Certified Counsellor specialized in Child and Women Therapy, Psychology Officer, Clinical Hypnotherapist

Panel Speaker: Dr. Neerushah Subarimaniyam
Lecturer: Taylor's University, Certified Counsellor, Researcher in Feminist-based Psychological Studies

7 DECEMBER 2024
2.30PM TO 4.00PM

LT19
TAYLOR'S UNIVERSITY

Inner Wheel Club of Selangor was very proud to host a Seminar to End Violence Against Women and Children in our all out support to the Orange the World Global Campaign, to shine a light and work towards a better tomorrow, in support of IIW President's pledge of to remain the Humanity's Heartbeat forever.



Inner Wheel Club of Selangor proudly went beyond geographical borders and fostered International Inner Wheel sisterhood with India's IW District 323. A wonderful holiday filled with fellowship exchanging IW bannerettes with Inner Wheel Clubs from Chennai Golden Sun, Chennai Beach Aster, Madras, Chennai Korrattur, Madras Nect Gen, Nanganallur.

IWC Selangor
CC Patricia Prema Veilomail

IWC Subang Selangor



Hi I'm Indira Menon from IWCSS. I joined the Club in 2017 and have enjoyed the journey with my fellow members and those that I've had the privilege of getting to know from District 330 and other sister Clubs. I faced the biggest challenge when I became President during the height of the Covid Pandemic from 2020-2021-2022. 2 terms with minimal face to face fellowship with sister clubs and most meetings conducted via zoom. However, the amount of assistance that we were able to extend especially to the B40 community was colossal. We have come through that phase and today every member looks forward to fellowship meetings and activities to support each other. I have taken on the position of Club Correspondent for 2024-2025 and am truly appreciative of the fellowship and support shared among the CCs in D330. I am excited to be part of a very dynamic Inner Wheel Circle. IWCSS is committed to supporting IIW President Mamta's goals especially the recent Eliminating Violence to Women through the OTW initiative. Creating Awareness is definitely part of the solution.

INNER WHEEL CLUB SUBANG SELANGOR (IWCSS) Jan – Dec 2024



On July 3rd 2024, IWCSS donated funds to build shelters and kennels for 20 stray dogs under SAFM or Persatuan Terbiar Haiwan Malaysia under our project "Roof for Furkids". The picture shows the area earmarked to build the shelter. Homelessness is not only for humans but animals as well. Providing a roof and food for these helpless creatures is the least we can do.



Providing assistance across international borders.

IWCSS donated RM 10,000 to help rebuild the kitchen at Hanvella Hospice in Colombo Mid Town. On July 13th 2024 IPP Tara Menon visited the Hospice together with members Malliga and Shoba and participated in the official milk boiling ceremony of the kitchen. President Faahima Macan Markar, PDC Viji Keethisweran, Secretary Shanzna Thassim, Treasurer Nazly Zhuhyale, VP Jayanthi Hapugoda, ISO Samia Cader accompanied DC Srimathy Sebastian met IWCSS members at the Hospice



On 3rd August at Bukit Jalil Recreation Park, members gathered early morning to celebrate International Friendship Day. United we stand in support of IIW's goal of membership growth. Introducing and welcoming a friend to join the Club. Indrani was officially inducted to the Club on December 15th.



On 19th October, at the Club's 4th GM, we invited Dr Kavitha Muthy, Chief Strategy Officer of Intellize Tech Services to enlighten members on Cyber Security, Scams and Banking Fraud. It is important to keep members up to date with matters that concern personal and community safety.



Bringing sunshine to the children at the Paediatric Ward of University Malaya Medical Centre. A clown to bring on the smiles, and goody bags to warm their hearts. What better way to show that we care. We are the heartbeat of Humanity.

Listen to the Heartbeat Of Humanity – Stop Violence against Women And Girls!

IWCSS supported IIW's Orange the World (OTW) 16-day Campaign to engage in activities to unite and raise awareness to fight violence against women and girls.



IWCSS spearheaded the Solidarity Walk in the Park to kick start the OTW campaign on November 24th. Members from other clubs especially from IWCKL were there to walk alongside with our members and to distribute pamphlets and create awareness about the campaign. It turned out to be a fun experience as well.



On 26th November the illumination in orange of the Crown of Malaysia's second tallest building TRX (Tun Razak Exchange) symbolized hope and unity to raise awareness on gender-based violence and inspire change. NR Shanti worked with District 330 on this to get as many members to participate in the activity and show support.

INNER WHEEL
UNITE to
End Violence Against Women and Girls

PLEASE JOIN US FOR A
ZOOM SESSION
ON GENDER BASED VIOLENCE
27th NOV 2024
8.30 PM

MEETING ID 8085141313
PASSCODE OTW2024

An awareness program organized by
Inner Wheel Club of Subang, District 330
MALAYSIA

MS SHOBA AIYAR
SOCIAL WORKER/COUNSELOR
FOR DOMESTIC VIOLENCE SURVIVORS

GENDER EQUALITY IS A HUMAN FIGHT, NOT A FEMALE FIGHT.

STOP SEXUAL HARASSMENT

ORANGE THE WORLD

WOMEN SHOULDN'T BE TREATED LIKE THIS!

On 27th November IWCSS organised a webinar on Violence Against Woman & Girls by Club member Shoba Aiyar who is also a Social Worker and Counsellor with almost 30 years of experience. It was well attended and an eye opener on the real cases as handled by WAO, the police and other NGOs.



On 28th November, NR Shanthi, PNR Parimala, President Rani and member Mekala, visited a local Clinic in Bandar Puteri, Puchong to raise awareness on OTW campaign. A Bunting highlighting the campaign was placed at the front desk of Clinic Sentosa and OTW flyers were distributed. IWCSS is truly appreciative of Dr Deivina Raj's enthusiasm to participate in raising awareness to end violence against women and girls. The Campaign will continue in all our outreach programmes



IWCSS's newest member, Indrani Karuppiah, was inducted on December 15th during our Christmas and end of year fellowship meet. From L-R DISO Sumodhini, President Rani, Indrani, PNR Parimala and NR Shanti.

IWCSS wishes everyone season's greetings and a Happy New Year. Looking forward to a dynamic 2025.

IWC Taiping



I'm Kunavathi Ramasamy , the ISO cum CC of IWC Taiping. Initially, I was hesitant to take on this role again, as I had held it a few years ago. However, when PP Karamjeet assured me that the VP role wouldn't require much involvement, I decided to give it a try.

Through this position, I learned the importance of capturing the right moments, being attentive, actively listening and writing from the heart. One of my biggest challenges was setting up our club's Facebook page, but I managed to do so with the consent and support of our members. Like the DE , Parmeswary and Webmaster , Jaya ,we CCs often find ourselves working late into the night, as that's when we're free to focus on the tasks at hand.

I highly recommend this position to other members, as it offers great opportunities to learn and grow. Plus, the district committee is always ready to assist and guide us along the way.

Activity in line with IIW President's theme (one on the elderly care) :

Past President Reconnects with Inner Wheel Club of Taiping

On 7th August 2024, seven members of the Inner Wheel Club of Taiping (IWC Taiping) committee gathered at the residence of Halim and Linda to celebrate Friendship Day and the enduring bond shared by the couple. Linda, a Past President of the club, has faced recent personal challenges due to her own illness and her role in providing palliative care for her husband. Their journey is a testament to the sacrifices and selflessness that true love requires.

At around 5pm, IWC Taiping President Vijayalaxmi Kandasamy and the committee members joined Linda and Halim for a heartwarming tea session on their porch, surrounded by the peaceful greenery of their garden. Halim communicated with the group through his writing board, delighting everyone with his humor and bringing much laughter to the gathering. His spirit was a moving reminder of the importance of patience, kindness, and tolerance toward the elderly.

The members also had the opportunity to visit Halim's art gallery, offering them a glimpse into how he channels his creativity and emotions into meaningful works of art. Linda and Halim's story served as an inspiring example of resilience and adaptability, demonstrating how individuals can find strength in the face of life's challenges.

This special gathering was a celebration of friendship, connection, and empathy—providing a heartfelt learning experience for all in attendance.



A heartwarming tea session with Halim and Linda.



Halim's hand- painted impressive pieces.

Activities related to Orange The World Campaign (4 mains activities).



Orange The World Campaign 1 - 21.11.24 : Introducing the campaign to IWC Taiping members and guests.



orange The World- Campaign 2- 25.11.24 : Our ambassadors raised awareness and joined the initiative to " Orange the World. Among them are Dr. Karenjeet Kaur at her clinic on KPJ Taiping , Lydia Megan at her Physio Spot ,Dr.Sudha at her ENT clinic in Columbia Asia Hospital and PP Harvinder Kaur in her Bollywood Boutique.



Orange The World Campaign 3- 29.11.24 : IWC Taiping President , Vijayalaxmi Kandasamy engaged with the Line Dance members of New Club Taiping ,sharing meaningful insights and practical ways to help women suffering in silence.



Orange The World Campaign 4 - 30.11.24 : IWC Taiping President , Vijayalaxmi Kandasamy with her team comprising PIIWBD Rathy Magendran , PP Pushpavalli , PP Harvinder Kaur , ISO cum CC Kunavathi, members Doris and Visal shared insights about the campaign to Yoga for Body,Mind and Soul instructor , Ms Kogi and 18 of her students who have joined IWC Taiping members as ambassadors for Orange The World Campaign,strengthening its mission and reach.



Acknowledgment:

Our heartfelt appreciation to all of you lovely ladies of the District 330, especially the Club Correspondence on your cooperation and regular contribution to our Newsletter. This enabled us to compile exciting events to capture everlasting memories. This newsletter has become a platform to knit and strengthen our friendship internationally.

We welcome you to journey through the featured materials in this 2nd volume, to keep you updated. We truly appreciate your diligent contribution of articles and news submission thus far. It richly builds continuity in record of milestones achieved by International Inner Wheel Club.

Thank you .

Parmeswary K Sithamparapillai